

BROKEN HEARTS AND BROKEN LIVES

Ask yourselves... **How can I help restore broken and broken lives?**

A devastating storm has just raged through your neighborhood, your community, your town! Whose effects have proven to be of catastrophic proportion, leaving behind a path of destruction? Only this storm was not caused by the forces of nature. No, not at all, for this was, and is the name of our storm! Its name is **Addiction!**

Who is left suffering?...the Children, Mothers, Daughters, Sisters, Nieces, Cousins, Fathers, Brothers, Uncles, Friends, Neighbors and Coworkers. The storm simply doesn't care; the more harm, the more pain, the more glory and victory for its cause.

The results are hopelessness, confusion, pain, homelessness, insecurities and severed relationships.

Again ask yourselves, how can I help? Who am I; I'm just one person? I don't have that much to offer. That's OK, each of us can do one small thing. Together that makes for a big thing. It takes one brick at a time to build a whole house. Please help us build a house for their recovery.

The Millennium Center is a treatment program in Cuthbert, Georgia, whose goal is designed to currently help restore and reunite 22 mothers and their 32 children? Their aim is to provide sane in-treatment whole family living units which have come to blows with this ravaging storm of addiction. They provide a way out—there is a solution!

This is a program, where mothers gain an intense understanding of their addiction and how to utilize new life skills. They learn how to cope with emotions, feelings, and practical and applicable skills are taught.

Again, you say, how can I help?

This is an organization which is funded in small part by some government funds. They get housing and food stamps and some medical help, but the rest is up to those of us who choose to help. Their resources are limited. They gain shelter and a working recovery program. The children are included in the life skills teaching, on their levels.

Your donations can help with the rest.

Here is a list of needed items

Clothes/new or used

- Coats
- Sweaters
- Socks
- Undergarments
- Pants
- Shirts
- Shoes
- Personal hygiene
- Deodorant
- Shampoo
- Feminine stuff
- Diapers
- Pull-ups
- First aid stuff
- Household cleaning products
- Laundry products
- Toilet paper
- Paper towels

These are just a sample of daily living items which so many who are fortunate take for granted.

Christmas is Coming!!!

Toys for their boys and girls are needed, too!

We've just received their wish lists for Christmas:

- ♥ **Dynisha** girl pants 10/12 toy- doll
- ♥ **Zyarious** boy socks/pants 4t/5t, toy- truck
- ♥ **Cortney** size 12/16 bras and underwear toy perfume
- ♥ **Shyliyah** size 12/14 socks and underwear toy perfume
- ♥ **Shamyla** size girls 7/9 socks and underwear toy CD head set
- ♥ **Jasmine** size girls 12/14 training bras and underwear Toy karaoke player
- ♥ **Timothy** size boys 7/9 socks and underwear toy playstation
- ♥ **Fiaria** size 8 pants shirt size 7 socks toy Dora doll
- ♥ **Ja'Zayia** size 4 pants shirt socks toy Dora doll
- ♥ **Yo'miria** outfit size 24mths panties toy Barney
- ♥ **Kapres** shoes size 8 clothes size 3t toy spider truck
- ♥ **Teffrela** shoes size 9 clothes size 3t/4t toy Dora doll
- ♥ **Latasha** shoes size 9 clothes size 3t/4t toy Dora doll
- ♥ **LoriaLoria** clothes size 5+ socks and tights coat toy Barbie doll/and clothes
- ♥ **Marcie** clothes size 4+ coat toy aqua doodle
- ♥ **Nicole** pants/shirt size 2 toy Cinderella bed set
- ♥ **Johnathan** pant/shirt size 3 toy ninja turtles
- ♥ **Abigail** pants/shirts size 12 to 18 months toy doll w/stroller
- ♥ **Lil Johnny** outfits 6 to 9 moth's toy play school matt
- ♥ **Cyerra** clothes size 8 toy doll house
- ♥ **Canesierra** clothes size 24 months toy baby doll stroller or learning toy

- ♥ **Ty'Rickeyus:** clothes size 0-3 months pampers baby wipes
- ♥ **Lamarcus:** age 9 hair clippers socks 5-7 toy DVD player
- ♥ **Tremere:** age 7 DVD play** walkie talkie** really wants
- ♥ **Jeremy:** age 14 shirt size 2x-3x pants size 32-34 toy x-box game
- ♥ **Kaitlyn:** age 3 panties 3t-4t shoes size 9 toy big furry rat w/cage
- ♥ **Mackenzie** age 7 shirt 7/8 shoe size 1 toy game boy
- ♥ **Antionette** pants size 13 shirt (large)toy CD radio player
- ♥ **Symone** girl pants size 13 slim/large shirt toy pocket size game boy
- ♥ **Tyrone** boy pants reg11 shirt (large) toy pocket size game boy
- ♥ **Tywone** boy pants size 7sm shirt large toy remote control car
- ♥ **Chy'Avia** age 8 shoe/boot 6 1/2to 7 women's Pants jeans 10reg,toy game boy
- ♥ **My'kayla** age 2, potty seat, cloth panties 16-24mos, toy baby alive doll
- ♥ **Xzavier** age 7,DVD player/socks or game
- ♥ **Daloran** age 2,socks and doll
- ♥ **Renese** Boy age 11, shoes size 6, pants 11-12, toy or game
- ♥ **Renese** Girl age 2 months old, size 0-6 months, Tee shirts, sleeper and hats, toy and /or music box
- ♥ **Selena** age 5, female, socks size 9-10, winter shirts size 5-T,learning game leep frog,
- ♥ **Tyrell** male age 3, long sleeve shirts 3-4 T, Books learning tools, numbers and abc's
- ♥ **Demetrius** male age 12, jogging and shirts size extra large, game hand held,
- ♥ **Abigail** female age 3, jeans size 2 T, tennis shoes, toy brats doll
- Xzavier age 7 socks or game or DVD player
- ♥ **Daloran** age 2 socks doll
- ♥ **Taylor** age 10 size 16+ hoodie sweater jacket Jeans 16+ CD popular
- ♥ **Mikayla** age 6 size 6/7 book bag, Polly pockets, or baby doll Carrier, lunch box
- ♥ **Gracie** age 6 size 8 book bag (no pink), lunch box (no pink), CD female singer pop or country, or hand held game for age 7 or older

Please contact Michele Frazier if you wish to help.

michele@holyhandsministries.org

229 894-6269, 229 594-3197

You can also make an online donation at:

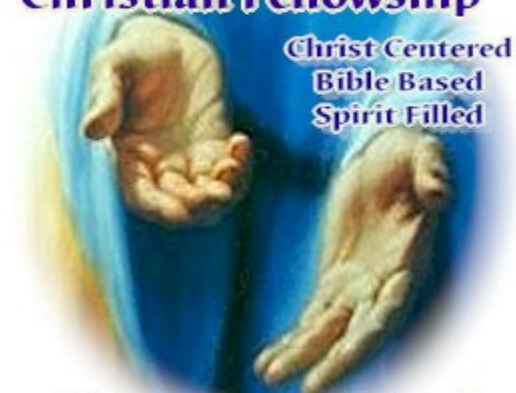
www.holyhandsministries.org

RESTORING BROKEN HEARTS FIND BROKEN LIVES



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